

Happy 4th from **Touch of Gratitude!!!**

Business Development/Updates – Sites and Sounds

Thanks to all of you, business is going well! It's wonderful to see so many of you taking care of yourself and reaping the benefits of massage...keep it up!

There are updates to the website! These include new service offerings (lava shells and office massage), along with archives of previous e-notes. Take a look when you have a chance...www.touchofgratitude.com

Bring your own music! I now have the capability for you to bring in CDs or your ipod to listen to your favorites during your massage. There are also several new CDs for you to choose from if you prefer...you can customize your music along with your massage!

Personal Growth/Benefits – Checkin' In

Do you have a friend or family member you haven't checked in with lately? If you're like most of us, you have the best intentions, but before you know it, days, weeks or even months have passed since the last time you've touched base. Take five minutes...make the connection. Email, phone, text message, or send a card...choose the medium that works best for you. It'll be time well spent!

Giving Back – Donations Update

Thanks to all of you who have taken time for yourselves and for supporting various non-profit organizations. In 2nd quarter 2008 you helped provide over \$700 to 14 various organizations! If you're interested you can check out the breakdown on my website (www.touchofgratitude.com/donations.html). THANK YOU for making a difference!

I look forward to seeing you!

Steph

Show your body some gratitude...schedule a massage today!

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