

Touch of Gratitude says **Hip Hip Hooray it's May!!!**

Business Development/Updates – Mother's Day

Mom's work hard all year to take care of their family and friends, so for Mother's Day this year, show a mom you know some gratitude and purchase a gift certificate for her for a massage! You'd be giving her an hour to spend by herself where someone else is taking care of her! A definite way to make you Mom's favorite!

Also, remember that I have added Thursday evenings to my schedule of availability for you from May thru August.

Personal Growth/Benefits – Remember Thumper's Mom

In honor of Mother's Day, let's take a moment to remember the wisdom passed on to us by the scene in *Bambi* with Thumper and his mom. She reminds Thumper that "if you can't say something nice, don't say nothing at all." Yes, the grammar may be a bit off, but the message is clear. Think before you speak. Know that your words can, do and will affect others. Make Thumper's mom proud!

Giving Back – Special Olympics Fundraiser

Battle of the Businesses is the largest fundraiser for the Dayton Chapter of Special Olympics. In addition to collecting donations (Battle Bucks), teams representing over thirty businesses compete in various sporting events over the first week of June. I've been involved in Battle for over 10 years and it's a blast! Whether you're competing on a team, volunteering at an event or donating money, you're helping those athletes achieve their goals!

Want to support Special Olympics? When you schedule a massage during the month of May, mention that Special Olympics is the non-profit you want to support and Touch of Gratitude will donate \$20 of an hour massage to them...it's that simple! It's great to know that by getting a massage, you've touched the lives of others!

I look forward to seeing you!

Steph

Show your body some gratitude...schedule a massage today!

Stephanie Suriano, LMT, NCTMB
Touch of Gratitude, LLC
10552 Success Lane, Suite D
Centerville, OH 45458
937.369.3373
www.touchofgratitude.com